

## SENIORS

### **General Resources and Programs**

Haywood County Recreation and Parks Senior Programs

<http://www.haywoodcountync.gov/?q=node/58>

Haywood County Senior Resource Center: 828-356-2800

<http://haywoodseniors.org/>

Mountain Projects Senior Programs: 828-452-1447

[http://www.mountainprojects.org/about\\_1](http://www.mountainprojects.org/about_1)

Senior Law Project Helpline: 1-877-579-7562

[www.legalaidnc.org/apply](http://www.legalaidnc.org/apply)

### **Elder Care and Assistance**

Maple Leaf Adult Respite: 828-456-9488 or 828-456-2336

<http://www.haywoodcountync.gov/?q=node/222>

Haywood County Health and Human Services Social Work Services, Adult and Aging: 828-452-6620

<http://www.haywoodcountync.gov/?q=node/197>

Meals on Wheels: 828-356-2442

<http://www.haywoodcountync.gov/?q=node/227>

Mountain Projects: 828-452-1447

[http://www.mountainprojects.org/about\\_1](http://www.mountainprojects.org/about_1)